

*A Thought  
for the Day*

## *Bear Someone's Burden*

### *The Bible says:*

"BEAR YE ONE ANOTHER'S BURDENS, AND SO FULFIL THE LAW OF CHRIST" (GALATIANS 6:2 KJV).

### *Think on this:*

TO BEAR SOMEONE'S BURDEN MEANS TO SUPPORT SOMEONE WHO IS IN NEED OF ENCOURAGEMENT AND A LISTENING EAR. YOU PROBABLY HAVE HAD SOMEONE TELL YOU THAT HE OR SHE WAS SAD, DISCOURAGED, OR HAVING A DIFFICULT DAY. WHEN SOMEONE IS GOING THROUGH DIFFICULTY, YOU CAN OFFER TO HELP BEAR HIS OR HER BURDEN BY OFFERING TO LISTEN, GIVE A HUG (OR SOME FORM OF ENCOURAGEMENT), LIFT THAT PERSON UP—AND ALSO, OFFER TO PRAY FOR HIM OR HER. BY DOING THESE THINGS YOU ARE FULFILLING ONE OF GOD'S GREATEST LAWS, THAT OF SHOWING LOVE AND SUPPORT FOR ONE ANOTHER.

