YOU ARE IN THE PALMS OF GOD’S HANDS. WHEN YOU ARE AT HOME OR AT SCHOOL, YOU ARE IN THE PALMS OF GOD’S HANDS. WHETHER YOU ARE UP IN THE AIR OR DOWN ON THE GROUND, YOU ARE IN THE PALMS OF GOD’S HANDS. WHETHER YOU ARE HAPPY OR YOU FEEL SAD, YOU ARE IN THE PALMS OF GOD’S HANDS. WHETHER YOU ARE IN GOOD HEALTH OR SICK, YOU ARE IN THE PALMS OF GOD’S HANDS.

God once spoke through the prophet Isaiah to His people, saying, “Behold, I have engraved you on the palms of my hands.” His people feared He had forgotten them, but this was His response.

If you feel forgotten, just remember this simple phrase and repeat it to yourself: I am in the palms of God’s hands.

And you know what? There is nothing that can remove you from the palms of God’s hands. Jesus tells us, “No one is able to snatch them out of the Father’s hand.”

1 Isaiah 49:16 ESV
2 John 10:29 ESV